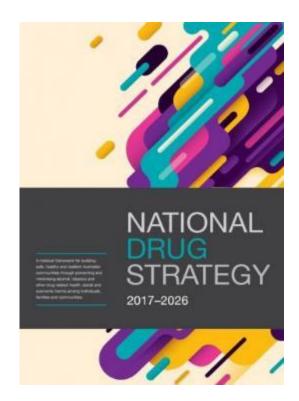


Evidence Based Practice

National Policy and Strategic Direction

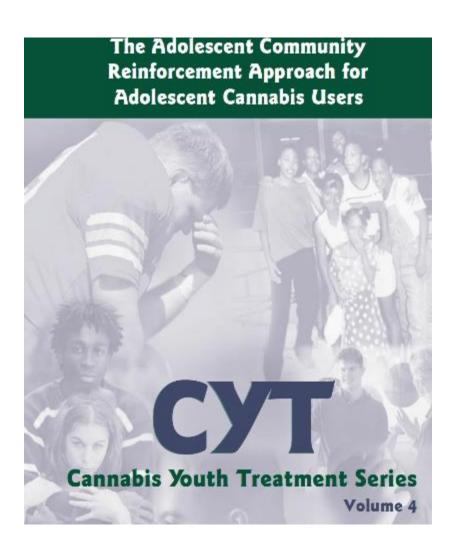
National Drugs Rehabilitation Framework Document

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Evidence Based Substance Misuse Treatment



COMMUNITY REINFORCEMENT AND FAMILY TRAINING (CRAFT): Engaging Unmotivated Drug Users in Treatment

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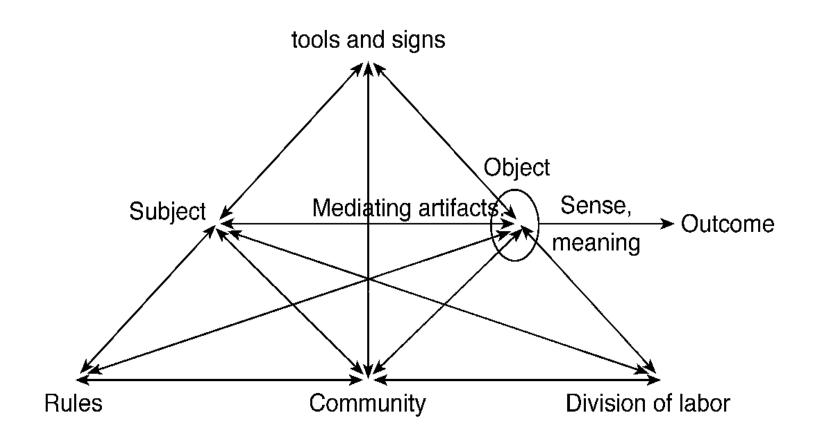
ABSTRACT: Although motivation for drug abuse treatment is a substantial problem, unilateral intervention through concerned significant others (CSOs) represents a promising method for engaging unmotivated individuals. The Community Reinforcement and Family Training (CRAFT) program, based on principles of reinforcement, was developed for this specific purpose. In Phase I, CSOs received the CRAFT intervention, whereby they were taught skills for modifying a loved one's drug-using behavior and for enhancing treatment engagement. CSOs were evaluated at 3 and 6 months. In Phase II, engaged drug users received treatment using the Community Reinforcement Approach (CRA). A total of 62 CSOs participated in this evaluation of the effectiveness of CRAFT. CSOs completed, on average, 87% of offered treatment sessions. During the 6-month study period, 74% succeeded in engaging their resistant loved one in treatment. Reported abstinence both from illicit drugs and alcohol increased significantly for drug users engaged in treatment, but not for unengaged cases. All CSOs showed significant reductions in depression, anxiety, anger, and physical symptoms, with average scores dropping into the normal range on all measures. CRAFT provides a promising alternative to confrontational and detachment approaches in counseling CSOs to help their loved ones.

Training in Evidence-Based Addiction Treatment

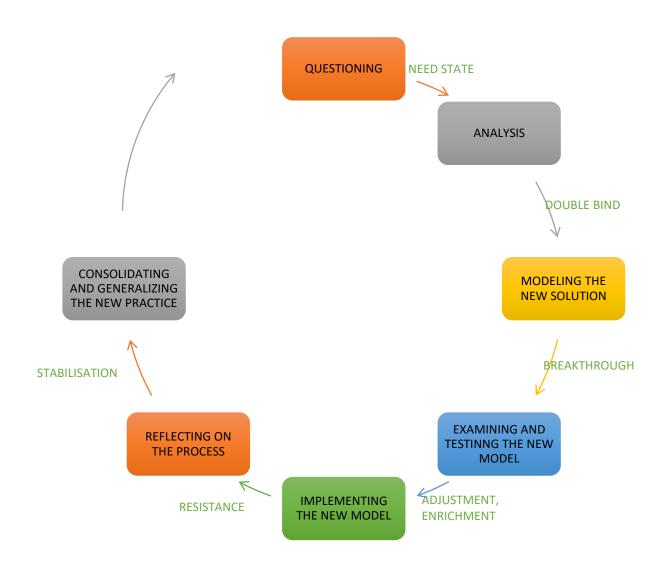
40 Practitioners trained

- Addiction Counsellors
- Social Workers
- Community Drugs Project Workers
- Managers
- 20 of those trained reported that they had no funding for accreditation
- 18 agreed to participate in the research-
 - 2 managers
 - 4 social workers
 - 4 community drugs project workers
 - 7 addiction counsellors
- 2 declined the invitation to participate

Cultural Historical Activity Theory (CHAT)



Cycle of Expansive Learning (Yrjo Engestrom, 1987)



Semi-Structured Interviews (n=17) Change Laboratory Workshops (n=4)

	Managers	Social Workers	Addiction Counsellors	Community Drugs Project Workers	Total
Individual Interviews	2	4	7	4	17
Change Laboratory 1	1	3	3	1	8
Change Laboratory 2	1	1	3	1	6
Change Laboratory 3	0	0	3	1	4
Change Laboratory 4	1	1	4	1	7

17 Semi-Structured Interviews

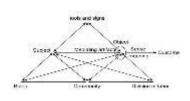
Analysis of the interview data:

• identified 59 practice contradictions, tensions and dilemmas as a result of the introduction of EBT as a new tool into the HSE-CKCH addiction services health and social care activity system

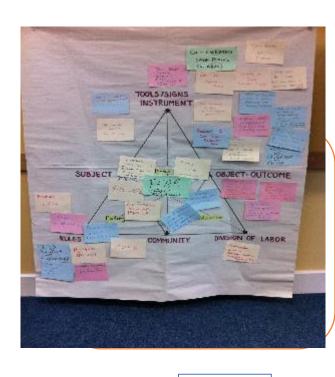
"I suppose there was a huge emphasis on evidence-based, evidence-based, and we were missing the client in that, or we were missing some process in that, that were kind of key in terms of relationship and things like that, do you know what I mean?"

The Change Laboratory













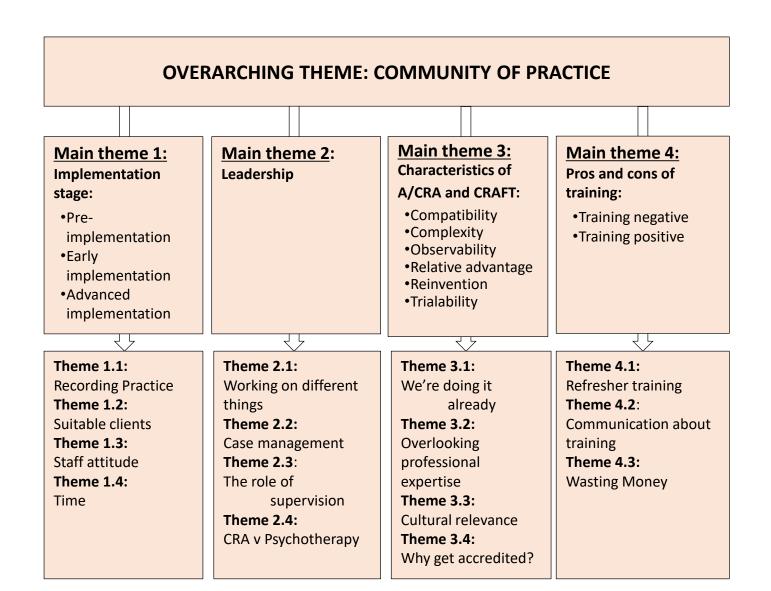
Video Recorder

Minutes keeper

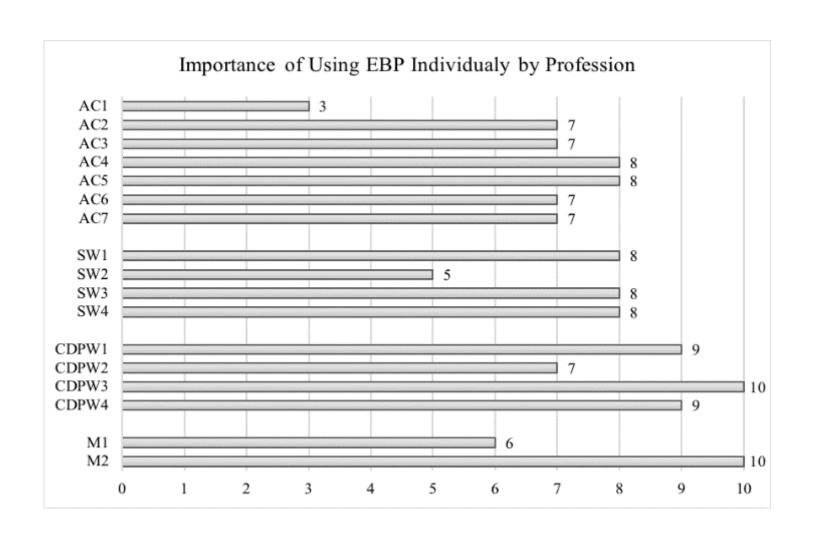


Practitioners

Thematic Map of the Findings



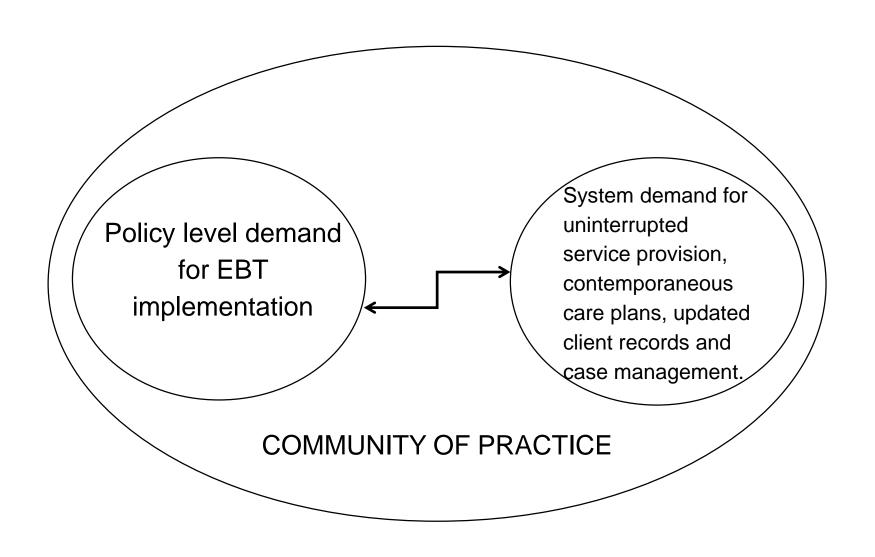
Practitioner Perspectives on EBP



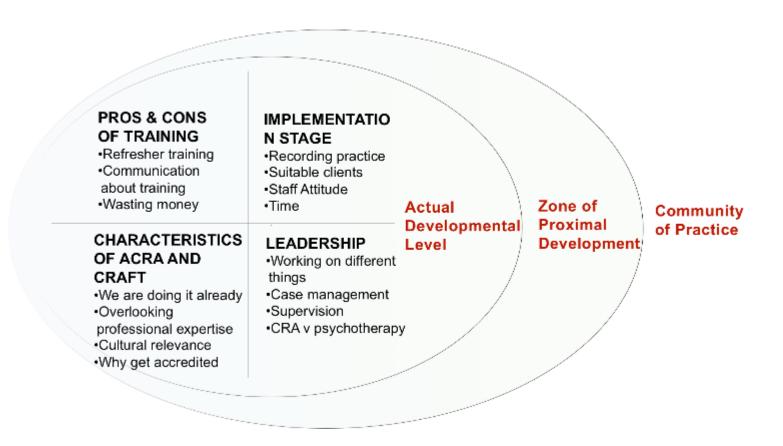
Main Theme 1: Implementation Stage

Main theme 1: Implementation stages	Thematic representation by profession				Data set representation	
	Addiction counsellor	Social worker	Community drugs project workers	Manager	Number of interview references	Number of Change Laboratory references
Pre- implementation	AC1 AC3 AC4 AC5 AC6 AC7	SW4	CDPW1 CDPW2 CDPW3 CDPW4	M1 M2	13	CL1 #0 CL2 #0 CL3 #0 CL4 #0
Early implementation	AC2	SW2 SW3			3	
Advanced implementation		SW1			1	

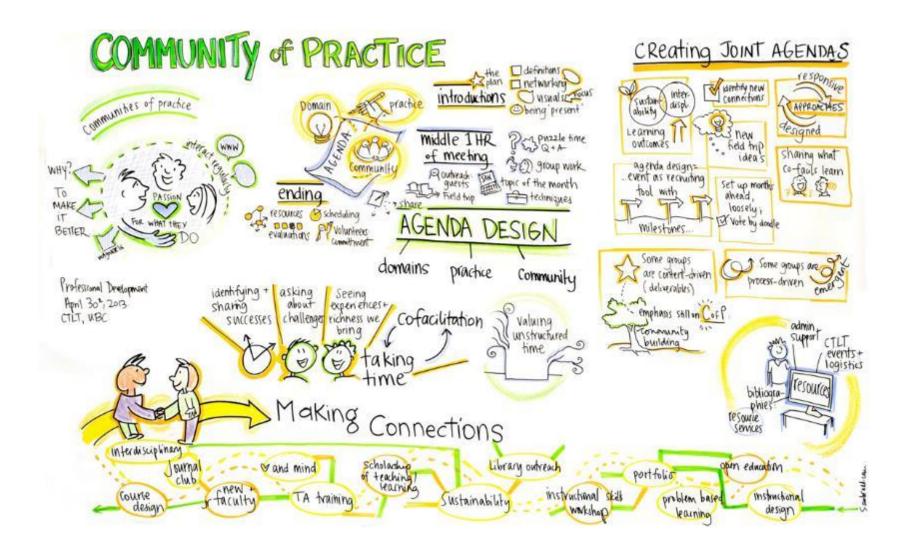
Embedded Systemic Contradiction



Zone of Proximal Development (Vygotsky, 1928)



Community of Practice



THANK YOU

QUESTIONS?